



Work Plan

WOMEN'S ARTISTIC GYMNASTICS

NDP 4,3,2,1 2018

FENTON MANOR SPORTS COMPLEX

STOKE-ON-TRENT

SATURDAY 26TH – SUNDAY 27TH MAY

VERSION 1.0

Table of Contents

Venue Information	4
Directions.....	4
Car Parking	4
Medical Provision.....	4
Gymnast Seating	4
Tickets.....	4
Ticket Allocations.....	4
Ticket Purchase.....	4
Accommodation & Transport	5
Transport	5
Official Event Hotel.....	5
Address.....	5
Hotel Check In	5
Hotel Check Out.....	5
Hotel Meals.....	5
Accreditation.....	5
British Gymnastics Accreditation Desk	5
Babies and Young Children.....	5
Technical Information	6
Technical Meeting.....	6
Judges Meeting	6
Apparatus Specification	6
Gymnast Withdrawals & Non-Participation Fee	6
Registration.....	6
Music Submission.....	6
Anti-doping	6
Competition Details	7
Timetable.....	7
Saturday 26th May 2018	7
Sunday 27th May 2018	8
Working Order.....	9
Rules and Regulations.....	17
Volunteers	17
Competition Attire	17
Inquiries.....	17
Tie Breaks	17
Scoring and Result	17
Presentation Ceremonies and Awards	17

Media Information.....	17
Media Attendance.....	17
Official Photographer	17
British Gymnastics Photo Policy	17
Appendices.....	19
Appendix 1	19
Appendix 2	20
Appendix 3	21

Version History

Version 1 Published on Friday 11th May 2018

Venue Information

Fenton Manor Sports Complex, City Road,

Directions

Fenton Manor Sports Complex, City Road, Fenton, Stoke – on – Trent, ST4 2RR

Car Parking

Pay and Display Parking is available on site at Fenton Manor Sports Complex

Medical Provision

A physiotherapist will be available in the designated medical area within the venue. Treatment will be accessible by all accredited gymnasts who sustain an injury at the event. The medical team are not available to treat pre-existing or chronic injuries.

Any injury occurring during the official training or competition must be reported to the medical team to ensure a record can be kept of treatment given and by whom.

The decision of the British Gymnastics appointed medical officer as to the gymnast's health, medical status and their ability to compete at the event is absolute and final.

Gymnast Seating

Gymnasts and coaches who wish to watch the competition may sit in the allocated gymnast seating. Please respect this request and do not sit in any other area during the competition.

Tickets

Ticket Allocations

All entered gymnasts will be provided with a ticket for the entire competition through their accreditation pass. Gymnasts who withdraw from the competition are eligible to collect their accreditation to spectate at the event but will not have access to the Field of Play or Warm Up areas.

Coaches will be provided with an event ticket through their accreditation pass.

Ticket Purchase

Tickets can be purchased in advance at a discounted rate online from Gymshop, the official retail partner of British Gymnastics. Please visit <https://www.british-gymnastics.org/shop>. Online ticket prices are:

Ticket Type	One Day	Weekend
Adult	£10	£17.50
Concession*	£7.50	£12
Family**	£30	£45

Tickets can be purchased on the day at full price at Fenton Manor. On the day ticket prices are:

Ticket Type	One Day	Weekend
Adult	£13	£23
Concession*	£10	£16
Family**	£40	£60

* Under 16 and over 65s

** 2 Adults & 2 Concessions

Accommodation & Transport

Please note only event officials are provided with accommodation and transport; all of which will be informed accordingly. All gymnasts and coaches are responsible for arranging their own accommodation and transport.

Transport

There is no official transport for this event. All gymnasts, coaches and officials must make their own way to the competition venue, ensuring that they arrive promptly for all registrations and meetings.

Officials are requested, where possible, to share transport to and from the venue at all times to reduce the cost of transport fees.

Official Event Hotel

Address

Moat House Best Western, Festival Way, Etruria, Stoke-on-Trent, ST1 5BQ

Hotel Check In

Upon arrival at the hotel, all officials will check in at reception where they will be given their hotel room key.

Hotel Check Out

All officials must check out of the hotel no later than 10.00 on their departure date.

Hotel Meals

Breakfast and Dinner will be catered for at the hotel.

Accreditation

British Gymnastics Accreditation Desk

Registration Desk

Accreditation can be collected from registration at the allotted times. Please see the timetable for details.

Each **gymnast and coach** will need to register and collect their accreditation individually. Failure to register will result in the individual being removed from the competition floor.

All changes to the nominated coaches submitted on the online entry must be submitted to the National Competition Organiser no later than **Friday 25th May 12 noon** and have a valid British Gymnastics membership, DBS and Safeguarding certificate along with the required coaching qualification for their gymnasts' routines. Any coach not submitted to the competition organiser prior to the deadline date will not be accredited to coach at the event. Should there be a necessity for membership renewal prior to the event, please ensure this is addressed in good time to ensure your membership has been updated. It is advised that membership fees are paid by BACS or credit/debit card to ensure payment is received in time for the competition.

Accreditation must be worn by all club members at all times as it identifies where access is permitted at the venue.

Accreditation is non-transferable. Anyone found offering their accreditation to another person in order that they may gain access to access-controlled areas will have their accreditation withdrawn and they will take no further part in any activity in the event.

Babies and Young Children

In the interests of safety, for the smooth running and professional presentation of the event, babies and young children are not permitted to enter the warm up hall or field of play, even if they are being supervised by an adult.

Technical Information

Technical Meeting

The technical meeting will take place at the Stretch Area. One representative from each club must be present. Please refer to page 7 for times

Judges Meeting

The judges meeting will take place in Green Room as follows:

- Saturday 26th May 8.45
- Sunday 27th May 8.45

Apparatus Specification

The apparatus will be provided by Gymnova. All apparatus is to FIG specifications.

Gymnast Withdrawals & Non-Participation Fee

Should a gymnast be withdrawn, for whatever reason, the club or coach must inform the Competition Organiser and Events Team via email up to the close of registration for the relevant session. Withdrawals will only be accepted by email.

Failure to inform the Events Team and Competition Organiser as laid out above and in the Competition Handbook will result in a non-participation fee being charged. Full details can be found the Women's Artistic Gymnastics Competition Handbook 2018.

£25 – Individual

£50 – Team

Registration

Registration will close at the times listed below.

Saturday 26 th May		Sunday 27 th May	
Round 1	8.30	Round 5	8.30
Round 2	10.35	Round 6	10.35
Round 3	13.00	Round 7	12.55
Round 4	15.40	Round 8	15.25

One coach from each club will be required to register all their gymnasts and inform British Gymnastics of any withdrawals.

All coaches must register themselves to collect their event accreditation. Any coach failing to register prior to the start of competition may be removed from the competition floor.

Music Submission

All music must be uploaded to British Gymnastics GymNet by **Friday 18th May at 12 Noon**

Instructions can be found in **Appendix 1**. Late submission of music will attract a fee of £20.00 per gymnast.

Supervising coaches should carry a backup copy of all music files (contained within a USB storage/flash drive) which would be used in the event of any technical issues with the music submitted. Each track on the USB drive must be in MP3 format and clearly labelled with the following format: Name – Club – Age Group

If you have any problems with your submission, please contact the British Gymnastics Events Department on 03451297129 ext. 2396.

Anti-doping

Gymnasts can be selected for testing whilst competing in the UK or internationally.

If selected, a gymnast will be required to provide a urine sample, or occasionally, a blood sample. Gymnasts are advised to take an 'advocate' with them into the testing station. This could be a member of their medical team, a coach or a parent.

Gymnasts must declare all medications taken within the preceding 7 days. Parents, coaches and gymnasts are encouraged to regularly check any medication via the Globaldro website (www.globaldro.com), the Drug Enquiry Line (+44 (0) 800 528 0004) or by emailing information@ukad.org.uk

The full British Gymnastics Anti-Doping Policy is in **Appendix 2** or can be found on the BG website (<https://www.british-gymnastics.org/technical-information/performance-gymnastics/anti-doping>)

Competition Details

Timetable

For the purpose of maintaining the smooth and timely running of the event, or where the safety, security and good performance of the gymnasts is a concern, the Women's Artistic Gymnastics Technical Committee reserve the right to alter the competition schedule, the grouping of gymnasts and/or running order of performances as may be deemed necessary by the Organiser or authorised officials.

	Saturday 26th May 2018								
	Round 1 - Level 4		Round 2 - Level 4			Round 3 - Level 3		Round 4 - Level 3	
	Time	Note	Time	Note		Time	Note	Time	Note
Registration Opens	8.00	At the Latest Please	10.05	At the Latest Please		12.30	At the Latest Please	15.10	At the Latest Please
Registration closes	8.30		10.35			13.00		15.40	
Technical Briefing	8.35		10.40			13.15		15.45	Arena
Judges meeting	8.45								
General Warm up	8.45	Stretch Area 10 Mins	11.05	Stretch Area 10 Mins		14.05	Stretch Area 10 Mins	16.10	Stretch Area 10 mins
March in & Introduction	9.00		11.20			14.10		16.25	
Apparatus Warm Up & Compete	9.05	5 mins Warm Up then Compete	11.25	5 mins Warm Up then Compete		14.15	5 mins Warm Up then Compete	16.30	5 mins Warm Up then Compete
End of Round	11.15		13.30			16.20		18.10	
Judges Refreshments	11.15		13.30	Lunch		16.25		20.00	Dinner
Presentations			13.40					18.20	

	Sunday 27th May 2018							
	Round 5 - Level 2		Round 6 - Level 2		Round 7 - Level 1		Round 8 - Level 1	
	Time	Note	Time	Note	Time	Note	Time	Note
Registration Opens Registration closes	8.00 8.30	At the Latest Please	10.05 10.35	At the Latest Please	12.30 12.55	At the Latest Please	15.00 15.25	At the Latest Please
Technical Briefing	8.35		10.40		13.00		15.30	
Judges meeting	8.45							
General Warm up	8.45	Stretch Area 10 Mins	11.00	Stretch Area 10 Mins	14.05	Stretch Area 10 Mins	15.50	Stretch Area 10 Mins
March in & Introduction	9.00		11.15		14.10		16.05	
Apparatus Warm Up & Compete	9.05	5 mins Warm Up then Compete	11.20	5 mins Warm Up then Compete	14.15	5 mins Warm Up then Compete	16.10	5 mins Warm Up then Compete
End of Round	11.10		13.25		16.00		17.30	
Judges Refreshments	11.10		13.25	Lunch				
Presentations			13.35			Safe drive Home	17.40	Safe drive Home

Working Order

Round 1 - NDP 4

No	Gymnast Name	Region	Coach
Group 1 - Starting Vault			
1	Phoebe Peacock	EAST	Tracy Appleby
2	Scarlett Edge		Joseph Maskrey
3	Cherish Hayward		Wayne Southby
4	Keola Silver		Alice Foster
RES	Nyah Gaskin-Barber		
Group 2 - Starting Uneven Bars			
5	Elise Taylor	WALES	Jadie Edwards
6	Georgia Pegler		Georgia Cooper
7	Mia Bello		Melissa Gordon
8	Tisheenie Henderson		Debra Cavill
RES	Arabella Hurst		
Group 3 - Starting Rest			
9	Eibhlín O'Neill	NORTHERN IRELAND	Julie-Ann Tazzioli
10	Eva Draycott		Sonya Cairns
11	Katie Freel		
12	Zoe Willmott		
Group 4 - Starting Beam			
13	Gracie Easom	LONDON	Maxine Staley
14	Martha Gayle		Elizabeth Jones
15	Teja Patel		Rebecca King
16	Aleisha Reid		Alun Leach
RES	Esther Mayers		
Group 5 - Starting Floor			
17	Chloe Workman	SCOTLAND	Lorraine Crawford
18	Erin Devine		Claire Rankin
19	Halle Mathieson		Lynette Sharp
20	Taylor Duncan		Emily Bull
RES	Amber Thomson		Wendy Lucas
Group 6 - Starting Range & Conditioning			
21	Grace Higginson	NORTH WEST	Gemma Evans
22	Kelsie Seddon		Nicole Carroll
23	Megan Newton		Stephan Halliwell
24	Mia Taylor		Amy Brown
RES	Natasha Louise Cox		
Group 7 - Starting Rest			
25	Isabella Lester	WEST MIDLANDS	Tracey Kerr
26	Sophie Chang		Sarah-Jane Howard
27	Daniella Hurwood		Krystie Newton
28	Grace Gray		
RES	Isabella Griffiths-Ingall		

Round 2 – NDP 4

No	Gymnast Name	Region	Coach
Group 1 - Starting Vault			
29	Erin Cozens	SOUTH WEST	Amy Finch
30	Imogen Lavis		Katie Carter
31	Jenna Caddy		Gillian Ford
32	Martha Green		Jemma Maskell
RES	Elleisa Hinton		Nia Edwards
Group 2 - Starting Uneven Bars			
33	Millie Tomlinson	EAST MIDLANDS	kerry Neild Lyndsey Evans
34	Amelie Mudd		Fred Voortman Katie McKay
35	Amelie Thorpe		Amy-May Saunders
36	Hannah Rushen		Rebecca Purcell
RES	Lily Pogson		Samantha Emsley
Group 3 - Starting Rest			
37	Pagiella Mulengwa	NORTH	Felicity Brown Judith Lane
38	Abbey Raine		Kerry Scott Clare Taylor
39	Francesca Gowland		Diane Richardson Lynsey White
40	Imogen Cook		Julie Cornwell Susan Cook
RES	Lucy Hay		Roxanne Jennison Kellyanne Milnes
Group 4 - Starting Beam			
41	Bailey Brown	SOUTH EAST	Abbie Langley
42	Carmen Rose		Katie Hollobon
43	Imani Collier		Amanda Hawkins
44	Lily Clarke-Moss		Claire Gibbins
RES	Natasha Hambling		Kaylie Reakes
Group 5 - Starting Floor			
45	Hailey Walker	SOUTH	Nicola Baker
46	Lorena De Souza		Russell Smith
47	Poppy Smithson		Jade Sheppard
48	Cai-Er Hui		Anton Angelski
RES	Erin Chestnutt		Olivia Curran
Group 6 - Starting Range & Conditioning			
49	Faye Armstrong	YORKSHIRE	Claire Dingle
50	Wiyanna Pickersgill		Gemma Wood
51	Bethany Hobson		Claire Wood
52	Emily Travis		Chole Carey
RES	Erin Geoghegan		
Group 7 - Starting Rest			
53	Amara Brogan	IOM	Stacey Saltwell
54	Hermione Parry		Valery Molchanov
55	Ria Kelly		

Round 3 – NDP 3

No	Gymnast Name	Region	Coach
Group 1 - Starting Vault			
56	Alice Romer	NORTH	Felicity Brown Judith Lane
57	Gemma Nainby		Kerry Scott
58	Hannah Elliott		Diane Richardson Lynsey White
59	Katja Hallam		Julie Cornwell Susan Cook
RES	Millie Jamieson		Kellyanne Milnes
Group 2 - Starting Uneven Bars			
60	Hawa Keita	SCOTLAND	Emily Bull
61	Poppy Cunningham		Rachael Purves
62	Tilly Bee		Wendy Lucas
63	Aphra Davidson		
RES	Beth Fallow		
Group 3 - Starting Rest			
64	Evie Ferguson	NORTH WEST	Emma Davies
65	Kaytlin Mcguigan		Nicole Carroll
66	Maia Dunstan		Sianna Perry
67	Olivia Harper		Elizabeth Cunliffe
RES	Anaya Haunch		
Group 4 - Starting Beam			
68	Lola McNaughton	SOUTH EAST	Catherine Lethbridge
69	Rojda Alkaner-Russell		Katelyn Birchmore
70	Amy Robertson		Lisa Jestico
71	Charlotte Wainford		Claire Gibbins
RES	Hetty Sinclair		Kaylie Reakes
Group 5 - Starting Floor			
72	Freya Evans	WALES	Georgia Cooper
73	Lily May Shanahan		Carol Sargeant
74	Niamh Coffey		Melissa Gordon
75	Cerys Williams		Nicola Lewis
RES	Ellie Mai Tetley		Sandra White
Group 6 - Starting Range & Conditioning			
76	Holly Blake	YORKSHIRE	Chanade Lazenby
77	Livvi Ellis - Sharp		Jodie Wadsworth
78	Ruby Blenkin		Andrew Farquharson
79	Lucy Buchanan		claire wood
RES	Gracie Allen		Sharon Gott
Group 7 - Starting Rest			
80	Chloe Mckenzie	IOM	Stacey Saltwell
81	Georgia Price		Valery Molchanov

Round 4 – NDP 3

No	Gymnast Name	Region	Coach
Group 1 – Starting Vault			
82	Federica Contarino	EAST MIDLANDS	Grace Lyman
83	Hannah Wayman		James Chalkley
84	Scarlett Kent		Lyndsey Evans
85	Phoebe Radford		Jenny Swallow
RES	Ruby Smith		
Group 2 – Starting Bars			
86	Willow Hughes	SOUTH WEST	Sharon Williams
87	Alexie Hunt		Katie Beagley
88	Charlotte Vanstone		Carolyn Fyfe
89	Fern Hughes		Nia Edwards
RES	Kiera Strong		
Group 3 – Starting Beam			
90	Emilene Beaupain	SOUTH	Nicola Baker
91	Libby Herbert		Katherine Gale
92	Alesha Pusey		Rebecca Hoskins
93	Alice Bruun		Kim Hopper
RES	Daniela Dicioccio		
Group 4 – Starting Floor			
94	Mollie Hewison	WEST MIDLANDS	Peter Fletcher
95	Olivia Waterman		Lesley Browne
96	Sofia Johnson		Krystie Newton
97	Jessica Fox		Jody Kime
RES	Matilda Haughton		Philippa Morgan
Group 5 – Starting Range & Conditioning			
98	Maggie May Shepherd	EAST	Joseph Maskrey
99	Millie Root		Wayne Southby
100	Thalia Perry		Carly Ramsay
101	Kacey Chrystall		Helen Inglis
RES	Lilianne Jervis-Allan		
Group 6 – Starting Rest			
102	Anaïs Bexley	LONDON	Ana Maria Ponea
103	Joey Heng		Gemma Boyle
104	Kathryn Withey		Rebecca King
105	Nikol Stoimenova		Alun Leach
RES	Alexis Fisher		

Round 5 – NDP 2

No	Gymnast Name	Region	Coach
Group 1 - Starting Vault			
106	Layla Williams	SCOTLAND	Lorraine Crawford
107	Neve Mitchell		Lynette Sharp
108	Rebecca-Ann Greig		Emily Bull
109	Zara Baillie		Rachael Purves
RES	Amelia Bourne		Christine Thomson
Group 2 - Starting on Bars			
110	Courtney-Leigh Simpson	EAST MIDLANDS	Anton Balev
111	Ellie Belbin		Jenny Swallow
112	Alice Knights		Rebecca Purcell
113	Amelia Handy		Caprice Miloro
RES	Asha Scott		
Group 3 - Starting on Rest			
114	Ruby Walsh	SOUTH WEST	Sasha Harding Wyatt
115	Veronika Kritski		Jemma Maskell
116	Aimee Davis		Carolyn Fyfe
117	Isobel Martin		Nia Edwards
RES	Kate Hobbs		
Group 4 - Starting on Beam			
118	Lucy Steward	LONDON	Elizabeth Jones
119	Maja Szymkiewicz		Dewi Jones
120	Niamh O'Shea		Gemma Boyle
121	Shahana Francis		Jessica Etherington
RES	Talia Lazell		Alun Leach
Group 5 - Starting on Floor			
122	Lucie Thouvenin	WEST MIDLANDS	Peter Fletcher Philippa Morgan
123	Sacha Bailey		Derek Van Der Ploeg
124	Skye-Rose Hamilton		Tracey Kerr Olivia Smith
125	Julia Kaczmarek		Samuel Goodberry
RES	Keara Massengo-Fouani		Stacey Anderson
Group 6 - Starting on Range & Conditioning			
126	Lola Nicholl	NORTHERN IRELAND	Emma Gorman
127	Lucy Ly		Sinead Kinney
128	Ria O'Toole		
129	Abbie Corbett		
RES	Abbie Marshall		
Group 7 - Starting on Rest			
130	Amy Shorrock	NORTH WEST	Sally Stuart
131	Annalise Lee		Nicole Carroll
132	Ella Robinson		Sianna Perry
133	Evelyn Rose Kilikita		Emma Doherty
RES	Isabella Rourke		Jessica Jacks

Round 6 – NDP 2

No	Gymnast Name	Region	Coach
Group 1 - Starting Vault			
134	Emily Tait	SOUTH	Nicola Baker
135	Emma Kendall		Katherine Gale
136	Jessica Siertsema		David Drablow
137	Anna Bridge		Tina Field
RES	Annabelle Johnny		Kim Hopper
Group 2 - Starting Uneven Bars			
138	Isabel Broadhead	NORTH	Judith Lane Susan Cook
139	Jennifer Worth		Shelley Walton
140	Monica Lily Neilson		Diane Richardson
141	Zoe Wear		Kellyanne Milnes
Group 3 - Starting Rest			
142	Sarah Coker	EAST	Wayne Southby
143	Sasha Cherry		Carly Ramsay
144	Caitlin Seaby		Justine Rich
145	Crystal Clark		
RES	Phoebe Boyton		
Group 4 - Starting Beam			
146	Phoebe Light	SOUTH EAST	Katherine Would
147	Amelie Attwood		Kristel Dorney
148	Daisy Evans		Lisa Jestico
149	Jessica Jameson		Claire Gibbins
RES	Mia Hamill		Kaylie Reakes
Group 5 - Starting Floor			
150	Chloe Jones	WALES	Natalie Davis
151	Katie Connolly		Nicola Veasey
152	Amelia Bourne		Ceri Sass
153	Andreea-Emilia Buzdugan		Alison Lester
RES	Carys Griffiths		Mathieu Poissonnet
Group 6 - Starting Range & Conditioning			
154	Mya Bartram	YORKSHIRE	Chanade Lazenby
155	Poppy Woodhead		Sharon Gott
156	Florence Stoney		
157	Isobel Church		
RES	Maisie Taylor-Williams		
Group 7 - Starting Rest			
158	Maya Kewley	IOM	Stacey Saltwell
159	Reine Temporaza		Simon Scanlon
160	Sophia Reid		
161	Grace Roberts		
RES	Jenna Nicol		

Round 7 – NDP 1

No	Gymnast Name	Region	Coach
Group 1 - Starting Vault			
162	Katelyn King	WALES	Katie Scoble
163	Katie Lewis		Carol Sargeant
164	Ruby Allen		Marcel Marengi
165	Seren Rowlands-Higgins		Nicola Lewis
RES	Ceinwen Clark		Paul Edwards
Group 2 - Starting Uneven Bars			
166	Jasmine Greenwood	NORTH WEST	Sally Stuart
167	Katie Coleman		Nicole Carroll
168	Katie Swann		Zoe Gardner
169	Synnove Macpherson		Emma Doherty
RES	Brogan Prescott		Jessica Jacks
Group 3 - Starting Beam			
170	Katie Lily Jones	SOUTH WEST	Carley Hounsell
171	Kiera Williams		Lisa Davies
172	Safina Crocker		Sasha Harding Wyatt
173	Hollie Brimble		Rachel Tucker
RES	Jade Bennett		Nia Edwards
Group 4 - Starting Floor			
174	Hannah Coutts	SOUTH EAST	Katie Steed Lisa Jestico
175	Honesty South		Katherine Would
176	Isabelle Stockwell		Lindsey Parkin
RES	Rosie Meindl		Claire Gibbins
Group 5 - Starting Range & Conditioning			
177	Madison Jurkowski	EAST MIDLANDS	Stephen Alexander
178	Melodie Larvor		Carli Hathaway
179	Rhianna Pyne		Karen Edwards
180	Shannon Townsend		Rebecca Purcell
RES	Daisy Greaves		
Group 6 - Rest			
181	Sophia Waller	LONDON	Yvonne Arnold OBE
182	Summer Hayes-Scott		Gemma Boyle
183	Grace Hyams		Katie Barrett
184	Libby Nawaro		Paul Robinson
RES	Ryley Elle Taylor		Alun Leach

Round 8 – NDP 1

No	Gymnast Name	Region	Coach
Group 1 - Starting Vault			
185	Rebecca Asquith	YORKSHIRE	Sharon Gott
186	Cody Smith	IOM	Stacey Saltwell
187	Lucy Worthington		Valery Molchanov
Group 2 - Starting Uneven Bars			
188	Abbie Nicholl	SCOTLAND	Fiona Cameron
189	Eilidh Gorrell		Wendy Lucas
190	Grace Muir		
191	Lilly Roy		
Group 3 - Starting Beam			
192	Lila North	SOUTH	Emma Beales
193	Elise Blissett		Anton Angelski
194	Emily Shears		Tina Field
195	Florence Self		Victoria Kerr
RES	Georgina Amison		
Group 4 - Starting Floor			
196	Martha Marsh	EAST	Chloe Morton
197	Molly Simmons		Laura Coates
198	Abby Forkner		Sophie Fitzgerald
199	Abigail Roper		karen butler
RES	Ella Tomlin		Helen Inglis
Group 5 - Starting Range & Conditioning			
200	Kelsie Clohessy-Daly	WEST MIDLANDS	Gemma Parker
201	Mae Wilkinson		Alison Last
202	Paris White		Sam Thompson
203	Hannah Shroff		Krystie Newton
RES	Hayley Rushton		

Rules and Regulations

Volunteers

The Women's Artistic Gymnastics Technical Committee will act to protect any volunteers working on their behalf. All British Gymnastics events operate a zero-tolerance approach to foul language or any abusive and aggressive behaviour. Anyone found to be breaking these rules will be asked to leave the competition arena and, if necessary, the venue. Please help us ensure the competition arena is a friendly atmosphere

Competition Attire

Please refer to the British Gymnastics Women's Artistic Gymnastics Competition Handbook 2018.

Inquiries

Please refer to the British Gymnastics Women's Artistic Gymnastics Competition Handbook 2018.

Tie Breaks

Please refer to the British Gymnastics Women's Artistic Gymnastics Competition Handbook 2018. An inquiry form can be found in **Appendix 3**.

Scoring and Result

Scoring and results are provided by Gymdata.

Presentation Ceremonies and Awards

All gymnasts must be present in the competition venue for the presentation ceremony at the end of the competition.

All gymnasts and coaches participating in the presentation ceremonies must march on in competition attire.

- Team gold, silver and bronze in each Grade – top 6 teams announced
- Individual gold, silver and bronze in each Grade – top 6 individuals will be announced and lined up with medallists
- Participation Certificates for all gymnasts
- Rose Bowl – team totals from NDP 4,3,2 & 1 finals will be added to the Compulsory Levels 4 & 3 finals for this award. The Rose Bowl will be awarded to the region with the highest total score

Media Information

Media Attendance

Representatives of the media are invited to observe. All gymnasts must be available for interviews following this session.

Official Photographer

The Official Photographer at this event will be BC Gymphotos. Official photos can be purchased on the day from the BC Gymphotos stand or online from <http://www.bcphotographic.co.uk/>

British Gymnastics Photo Policy

In order to protect the welfare of children at the event, photography at this event is permitted only on conditions set by British Gymnastics. This is a summary of those conditions.

A copy of the full text can be obtained from the Competition Organiser or from the British Gymnastics website: <http://www.british-gymnastics.org/governance>

If you do not agree to these conditions you may not bring any photographic equipment into the venue or take any photographs.

1. 'Photos' includes any form of video or still image including those taken with mobile phones.
2. The Competition Organiser (or a person acting on his or her authority) may require anyone at the event:
 - a. Not to take photos, either generally or in particular circumstances.

- b. To provide their full name and address and evidence of this
- c. To let the Competition Organiser view any images recorded and to delete any images.
- d. To surrender media or equipment on which the images have been recorded if they cannot be viewed (e.g. photos on traditional film), or if they cannot be deleted.

3. Photos may only be taken and used in accordance with the British Gymnastics Child Protection Policy.

4. Photos may not be used, distributed or copied for commercial purposes.

5. Flash may not be used at any time while gymnasts are warming up or competing

Appendices


Appendix 1

Music Upload Instructions

Music must be uploaded to Gymnet via the online entry system. This will need to be done using the login details for the online enterer.

Go to the online entry page and find the event. If the online entry has closed you will still be able to access your entry to upload music.

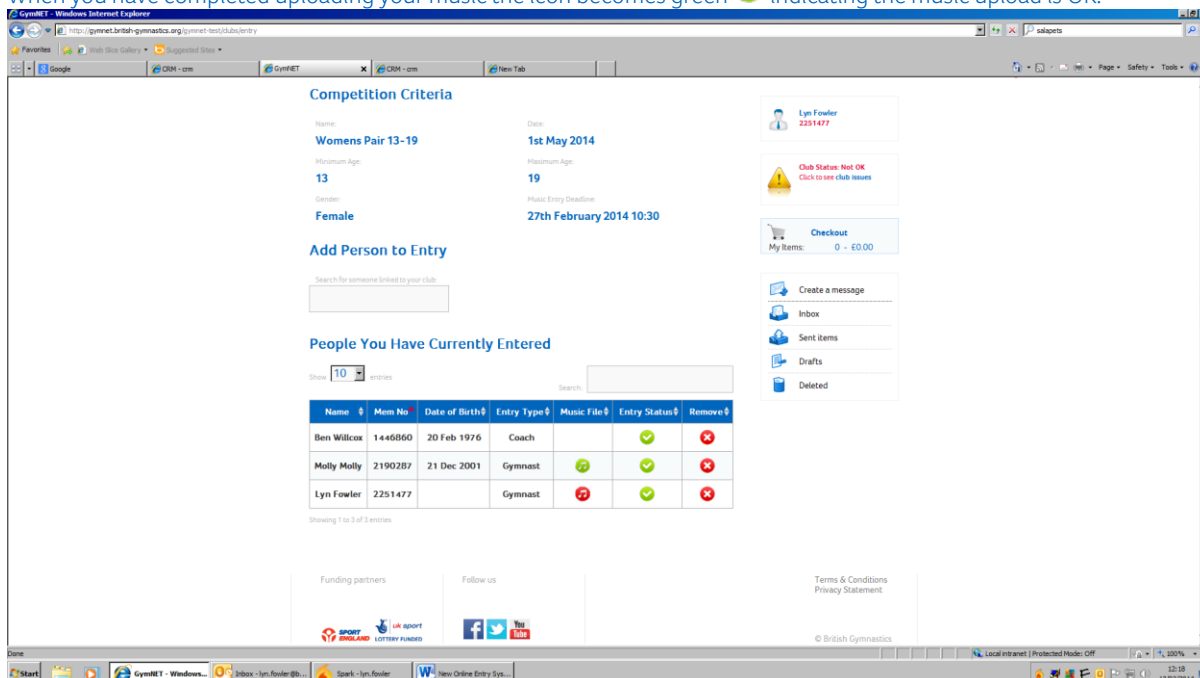
Go into the desired competition where you will find your gymnasts listed.

When you have input your gymnast(s) you will see this icon - .

Click on the icon and in this screen, you can upload the music that this entrant will use whilst competing in this competition. You can upload a music file as long as it is one of these formats: MP3, M4A, OGG, WMA, WAV or FLAC.

After uploading a music file please confirm it is correct by using the play button to listen to the uploaded version. A file can be changed as many times as you like prior to the deadline for music upload. If this gymnast does not require a music file or has withdrawn please tick the "Music not required" option.



When you have completed uploading your music the icon becomes green  indicating the music upload is OK.



The screenshot shows the Gymnet online entry system interface. The main content area is titled "Competition Criteria" and displays the following information:

- Event:** Womens Pair 13-19
- Date:** 1st May 2014
- Minimum Age:** 13
- Maximum Age:** 19
- Gender:** Female
- Music Entry Deadline:** 27th February 2014 10:30

Below the criteria, there is a section for "Add Person to Entry" with a search box. The "People You Have Currently Entered" section shows a table of entrants:

Name	Mem No	Date of Birth	Entry Type	Music File	Entry Status	Remove
Ben Willcox	1446860	20 Feb 1976	Coach		✓	✗
Molly Molly	2190287	21 Dec 2001	Gymnast		✓	✗
Lyn Fowler	2251477		Gymnast		✓	✗

The interface also includes a sidebar with user information for Lyn Fowler (2251477), a "Club Status: Not OK" warning, a "Checkout" button (My Items: 0 - £0.00), and a "Create a message" button. The bottom of the page shows the British Gymnastics logo and social media links.

Appendix 2

Drug Free Sport: Anti-Doping

The principle of fair play is a cornerstone of sport. It is therefore appropriate that a testing programme operates, actively supported by BG.

The testing programme affects any elite gymnast performing at a national standard.

All British Gymnastics organised events are notified to UK Anti-Doping, (UKAD). Testing may take place at competitions, ('in competition') or 'out of competition' at National Squads, at home or in clubs.

If selected, a gymnast will be required to provide a urine sample and occasionally, a blood sample.

Gymnasts under 16 years **can** be tested. Gymnasts competing in disciplines with an Age Group Competition may be tested within any of the age group categories. Consent is linked to all gymnasts with a FIG Licence, or parental consent established at the point of testing.

Gymnasts are advised to take an 'advocate' with them into the testing station. This could be a member of their medical team, a coach or a parent.

In all cases, gymnasts must declare all medications taken within the preceding 7 days.

For a gymnast taking **any** medication, it is vital that these are checked on a regular basis and, if tested, declared. If you are competing nationally it is advisable that you check before every event. This can be done via the Globaldro website (www.globaldro.com), the Drug Enquiry Line (+44 (0) 800 528 0004) or by emailing information@ukad.org.uk

If you compete internationally, ensure you do not use alternative medications from abroad as their ingredients can differ to the UK version.

Any gymnast tested will need to know the name of the medication, the dosage and frequency, as well as state the condition it relates to. If a gymnast is currently on any medication(s) which require a Therapeutic Use Exemption (TUE) certificate, it is vital that British Gymnastics is aware of this, and to ensure TUE certification is available at the testing.

Supplements:

Diet, lifestyle and training should all be optimised before considering supplementation. Coaches and gymnasts should assess the need and consult with an accredited sports nutritionist or a doctor experienced in Sport and Exercise Medicine before using supplements.

Supplements can become contaminated with banned substances during their production, which could lead to a positive finding.

Under the principle of 'strict liability', ***it is the gymnast who is held accountable if a prohibited substance is found in a sample provided***, whether intentional or unintentional.

Informed Sport is an official website that provides some information on supplements that have been batch tested: <http://www.informed-sport.com/about-informed-sport>

Prepared by Dr Chris Tomlinson

Appendix 3

Judging Inquiry Proforma

Gymnast Name	
Gymnast Club	
Group and Level	
Coach making appeal	
Apparatus	

Reason for Inquiry

Response

Head Judge		
Original Score		New Score
£25 received		

Inquiries (WTC Handbook 2018 v1)

Official WTC inquiry forms are available from the Superior Jury and must be completed and returned to them within 15 minutes of the coach receiving the score slip. If necessary, a coach should register their intention to inquire by approaching the Competition Organiser before completing the form. If a coach has approached the judging panel and discussed a gymnast's score, they may not register an inquiry. A coach may only inquire about the D score.

The supervising coach for the club/region of the competing gymnasts places the appeal form with the Superior Jury.

- First inquiry: £25
- Second inquiry: £50
- Third and subsequent inquiries: £75

The placement of an inquiry form becomes a contract to pay the appropriate fee.

This fee will not be collected in cash at the event, but added to the basket of the club/coach concerned, if the inquiry is not upheld.

The WTC cannot accept any video or photographic analysis at an event unless an official video replay system is available at each piece of apparatus and could be referred to by the Superior Jury for the benefit of every competitor.